

DISCOVER THE FUN & INSIGHTS OF SOULCOLLAGE



PHOTO BY HEATHER CONN

What animals, colours or objects represent the inner and outer you? Explore and celebrate your many aspects of self through the fun and intuitive process of SoulCollage®. Learn the hidden power of archetypes. Let your soul out to play. Facilitator Heather Conn, trained by founder Seena Frost in California, will help you create symbolic cards that hold deep personal meaning for you. No art experience is necessary.

Heather is offering a hands-on work-

shop, with visualization and group exercises, on Saturday, May 2 at Chaster House in Gibsons from 1:00pm to 6:00pm. The cost is \$55 with all supplies included. To register or learn more, contact Heather at 604-886-6520 or hconn@dccnet.com. For general information about the SoulCollage process, see Seena Frost's website www.soulcollage.com.

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